

RECOMMENDED DOSAGE FOR BFB-1 AND BFB-2

Adults: First 3 days 1 drop into the sole of each foot or bottom of big toe twice daily (either one drop of BFB 1 into one foot and one of BFB 2 into the other if both are indicated or one drop of the particular indicated product into both feet twice daily). After 3 days if there is good tolerance (no rash or major die off) add one drop to the print side of the thumb and one to the back of the earlobe each time a drop is placed on the foot.

Children under 12: 1 drop onto the sole of one foot, once daily for the first 3 days and if tolerated increase to one drop on the bottom of both feet twice daily.

DO NOT USE DURING PREGNANCY.