

Journey to wellness

DOMINIQUE LAFLEUR DC

FEBRUARY NEWSLETTER

How could functional blood chemistry impact your health?

Most of you know that in the last 4 years I have been helping patients with an additional tool of analysis. Functional Blood Chemistry is a comprehensive way to study, with a blood draw, one's biochemistry to screen and identify nutritional imbalances using a different model of understanding; compared a laboratory ranges model, those ranges reflect pathology in the making. The difference is that laboratory ranges are based on an average, and Functional Ranges are numbers based on optimum physiological expectation.

For example: BLOOD SUGAR

LABORATORY RANGE: IS 65-99

FUNCTIONAL RANGE: IS 85-99

The Laboratory ranges for blood sugar average out in the middle the totality of all records. The Functional range skips the average and provides ranges that reflect an optimum physiological model. Patients with a blood sugar of 80 are not considered within a normal physiologic means and these patients will attest to their low blood sugar symptoms. When relying only on laboratory ranges, the number 80, for example, is considered normal and the doctor may overlook an important understanding of the patient's complaints or physiological impacts on other systems such as depression, lack of focus etc. Why

wait to get in pathology (clinical depression, attention deficit issues for example). The Functional Laboratory model allows observation of how the patient is maneuvering, perhaps offering prevention and better understanding of their malaise and early detections of nutritional deficiencies.

Functional Blood Analysis can be used for patients that cannot be seen in person, thus allowing me to reach out those family members or friends hard to reach otherwise. And for those of you that have a spouse too busy to come in or would prefer a more linear form of evaluation, as opposed to Applied Kinesiology (muscle testing) alone, this would be a great option.

Next month: Weight loss in preparation for a more revealing season, then Skin Health. If there were any subject of interest that you would like me to discuss in future issues, feel free to drop me an e-mail, I would love to hear about your interest.

Thank you again for the confidence you have in me and for your referrals. I get that your family and friends are a priority and that I am privileged to care for them.

MARCH REFERRAL GIFT: Starting in March, as a thank you for every friends or family member I get to meet, I will provide a personalized supplement or skin care product.

Remember that "HEALTH IS A JOURNEY NOT AN END".

DOMINIQUE LAFLEUR DC

805-653-5853 310-858-8886

drdominique@sbcglobal.net